

# Skills for supervisors and high achievers



## Set of 8 videos

Ideal resources for managers and team leaders to develop their supervisory skills.

Psychologists Peter Quarry and Eve Ash provide clear, useful tips and strategies to help viewers solve problems.



Instant help with tricky problems

## Q & A SERIES SET OF 8 VIDEOS

STOCKCODE: Q&ASET8 ISBN: 978-1-921635-43-4



## DVD

## **LEADER'S GUIDES**

PDF on each DVD with discussion questions, activities, handouts and full scripts.

DVD SET PRICE		\$1496
1	DVD	<b>\$275</b> each
2-4	DVDs	<b>\$220</b> each
5-10	DVDs	<b>\$187</b> each
11+	DVDs	<b>\$165</b> each

Streaming Options Available







## 1. Delegating and Empowering

Q&A01 | ISBN: 978-1-921635-44-1

## 13 minutes

Key techniques to be effective:

- Overcome resistance
- Empower risks and accountability
- Plan, coach, reward, avoid perfectionism

## 2. Difficult Appraisal Situations

Q&A02 | ISBN: 978-1-921635-45-8

#### 13 minutes

How to improve appraisals:

- Problem managers and poor performers
- Career conversations, goals, feedback
- Agree standards with staff

## 3. Discrimination in the Workplace

Q&A03 | ISBN: 978-1-921635-46-5

#### 13 minutes

Learn what constitutes discrimination:

- Legal implications
- Know rights and manage own rights

## 4. Essentials for New Managers

Q&A04 | ISBN: 978-1-921635-47-2

#### 12 minutes

Spend time with team, get early wins:

- · Coaching and motivating
- · Managing a 'friend'
- Managing poor performers

## 5. Ethical Behaviour

Q&A05 | ISBN: 978-1-921635-48-9

#### 13 minutes

- Know ethics and social responsibility:
- Handling unethical colleague
- Making actions public
- Confidentiality breaches

## 6. Inspiring Your Team With a Vision

Q&A06 | ISBN: 978-1-921635-49-6

#### 12 minutes

How to use the power of a vision:

- Managing an unmotivated team
- Enthusiastic role model
- Translate into tangible goals

## 7. Manager and Psychologist

Q&A07 | ISBN: 978-1-921635-50-2

## 12 minutes

Understand people's behaviours:

- Assess needs for individual approach
- Know adult learning styles
- Use feedback and recognition

# 8. Understanding Personality Differences

Q&A08 | ISBN: 978-1-921635-51-9

#### 13 minutes

Insights into personality traits:

- Planned behaviour change
- Giving awareness of aggression
- How to mediate a clash